

Sunday After Ascension 16 May 2021

The Order of the Administration of the Lord's Supper

or

Holy Communion according to the Book of Common Prayer

SETTING: Sumsion in F

ORGANIST: Nico Tjoelker

PRELUDE: Prayer of Christ Ascending from L'Ascension - Messiaen

CHOIR QUARTET: Rachel Wilson, Jennifer Milne,

Daniel Pooley, Geoffrey Gartner

REJOICE, THE LORD IS KING

all stand

- 1. Rejoice the Lord is King your Lord and King adore; let all give thanks and sing, and triumph evermore. Lift up your heart, lift up your voice; rejoice; again I say, rejoice.
- 2. Jesus the Saviour reigns, the God of truth and love; when he had purged our stains, he took his seat above. *Refrain*
- 3. His kingdom cannot fail; he rules o'er earth and heaven; the keys of death and hell are to our Jesus given. *Refrain*
- 4. He sits at God's right hand, till all his foes submit, and bow to his command, and fall beneath his feet: *Refrain*

5. Rejoice in glorious hope! Jesus the judge shall come, and take his servants up to their eternal home.

> We soon shall hear the archangel's voice; the trump of God shall sound, rejoice Charles Wesley (1707–1788)

THE LORD'S PRAYER

Let us pray

Our Father, which art in heaven, hallowed be thy Name; thy kingdom come thy will be done, in earth as it is in heaven Give us this day our daily bread, and forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation but deliver us from evil. Amen

THE PRAYER OF PREPARATION

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. Amen

THE COMMANDMENTS

Our Lord Jesus Christ said: thou shalt love the Lord thy God with all thy heart, with all thy mind, with all thy soul, and with all thy strength. This is the first and great commandment. And the second is like unto it: Thou shalt love thy neighbour as thyself. On these two commandments hang all the law and the prophets.

Choir:

Lord have mercy Christ have mercy Lord have mercy

THE COLLECT FOR SUNDAY AFTER ASCENSION

O God, the King of glory, who hast exalted thine only Son Jesus Christ with great triumph unto thy kingdom in heaven: We beseech thee leave us not comfortless; but send to us thine Holy Ghost to comfort us; and exalt us unto the same place whither our Saviour Christ is gone before; who liveth and reigneth with thee and the Holy Ghost, one God, world without end. **Amen.**

THE EPISTLE Marcus West

The passage appointed for the Epistle is written in Proverbs chapter 5 beginning at verse 1.

My child, be attentive to my wisdom; incline your ear to my understanding,

- ² so that you may hold on to prudence, and your lips may guard knowledge.
- ³ For the lips of a loose woman drip honey, and her speech is smoother than oil;
- ⁴ but in the end she is bitter as wormwood, sharp as a two-edged sword.
- ⁵ Her feet go down to death; her steps follow the path to Sheol.
- ⁶ She does not keep straight to the path of life; her ways wander, and she does not know it.
- ⁷ And now, my child, listen to me, and do not depart from the words of my mouth.
- ⁸ Keep your way far from her, and do not go near the door of her house;
- ⁹ or you will give your honour to others, and your years to the merciless,
- ¹⁰ and strangers will take their fill of your wealth, and your labours will go to the house of an alien;
- ¹¹ and at the end of your life you will groan, when your flesh and body are consumed,
- ¹² and you say, "Oh, how I hated discipline, and my heart despised reproof!

- ¹³ I did not listen to the voice of my teachers or incline my ear to my instructors.
- ¹⁴ Now I am at the point of utter ruin in the public assembly."
- ¹⁵ Drink water from your own cistern, flowing water from your own well.
- ¹⁶ Should your springs be scattered abroad, streams of water in the streets?
- ¹⁷ Let them be for yourself alone, and not for sharing with strangers.
- ¹⁸ Let your fountain be blessed, and rejoice in the wife of your youth,
- ¹⁹ a lovely deer, a graceful doe. May her breasts satisfy you at all times; may you be intoxicated always by her love.
- ²⁰ Why should you be intoxicated, my son, by another woman and embrace the bosom of an adulteress?
- ²¹ For human ways are under the eyes of the LORD, and he examines all their paths.
- ²² The iniquities of the wicked ensnare them, and they are caught in the toils of their sin.
- 23 They die for lack of discipline, and because of their great folly they are lost.

Here endeth the Epistle

BLEST ARE THE PURE IN HEART

all stand

- 1. Blest are the pure in heart, for they shall see our God; the secret of the Lord is theirs, their soul is Christ's abode.
- 2. The Lord, who left the heavens our life and peace to bring, to dwell with us in lowliness, our pattern and our King;
- 3. Still to the lowly soul he will himself impart and for his cradle and his throne chooses the pure in heart.
- 4. Lord, we your presence seek; this blessing now renew; give us a pure and lowly heart, a temple fit for you.

THE GOSPEL

Rachel Wilson

The Holy Gospel is written in the Gospel according to Saint Matthew, chapter 5 beginning at the 27th verse.

Choir: Glory be to thee, O Lord.

Jesus said ²⁷ "You have heard that it was said, 'You shall not commit adultery.' ²⁸ But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. ²⁹ If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. ³⁰ And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell.

³¹ "It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' ³² But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery.

At the conclusion of the Gospel, the reader says This is the Gospel of the Lord.

Choir: Praise to thee, O Christ.

THE CREED

I believe in one God the Father Almighty, maker of heaven and earth, and of all things, visible and invisible:

And in one Lord Jesus Christ,

the only-begotten Son of God, begotten of his Father before all worlds God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father, by whom all things were made;

Who for us men and for our salvation came down from heaven, and was incarnate by the Holy Ghost of the Virgin Mary, and was made man,

and was crucified also for us under Pontius Pilate.

He suffered and was buried. and the third day he rose again according to the Scriptures, and ascended into heaven. and sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord and giver of life, who proceedeth from the Father and the Son, who with the Father and the Son together is worshipped and glorified who spake by the prophets. And I believe one catholic and apostolic church I acknowledge one baptism for the remission of sins. And I look for the resurrection of the dead. and the life of the world to come. Amen

THE SERMON

Michael Jensen

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven. Matthew 5:16

Lay not up for yourselves treasure upon earth; where rust and moth doth corrupt, and where thieves break through and steal: but lay up for yourselves treasures in heaven; where neither rust nor moth doth corrupt, and where thieves do not break through and steal.

Matthew 6:19

All things come of thee, and of thine own do we give thee

1 Chronicles 29:14

Whoso hath this world's good, and seeth his brother have need, and shutteth up his compassion from him, how dwelleth the love of God in him?

1 John 3:17

OFFERORY MOTET: KING OF GLORY, KING OF PEACE J.S.Bach

- 1. King of glory, King of peace, I will love thee; and, that love may never cease, I will move thee.
 Thou hast granted my request, thou hast heard me; thou didst note my working breast, thou hast spared me.
- 2. Wherefore with my utmost art I will sing thee, and the cream of all my heart I will bring thee.
 Though my sins against me cried, thou didst clear me; and alone, when they replied, thou didst hear me.
- 3. Seven whole days, not one in seven,
 I will praise thee;
 in my heart, though not in heaven,
 I can raise thee.
 Small it is, in this poor sort
 to enrol thee;
 ev'n eternity's to short
 to extol thee.

 George Herbert (1593-1633)

NOTICES

THE INTERCESSIONS

Let us pray for the whole state of Christ's Church militant here in earth.

Almighty and everliving God, who by thy holy apostle hast taught us to make prayers and supplications, and to give thanks, for all men: we humbly beseech thee most mercifully (to accept our alms and oblations, and) to receive these our prayers, which we offer unto thy divine majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity and concord: and grant, that all they that do confess thy holy Name may agree in the truth of thy holy word, and live in unity and godly love. We beseech thee also to save and defend all Christian kings, princes and governors; and specially thy servant Elizabeth our Queen, that under her we may be godly and quietly governed: and grant unto her whole Council, and to all that are put in authority under her, that they may truly and indifferently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion and virtue.

Give grace, O heavenly Father, to all bishops and curates, that they may both by their life and doctine set forth thy true and lively word, and rightly and duly administer thy holy sacraments:

and to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, we may hear and receive thy holy word; truly serving thee in holiness and righteousness all the days of our life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life, are in trouble, sorrow, need, sickness, or any other adversity.

And we also bless thy holy name for all thy servants departed this life in thy faith and fear; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly Kingdom.

Grant this, O Father, for Jesus Christ's sake, our only mediator and advocate. **Amen**

THE INVITATION TO CONFESSION

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: draw near with faith, and take this holy sacrament to your comfort; and make your humble confession to almighty God, meekly kneeling upon your knees.

THE CONFESSION

Almighty God,
Father of our Lord Jesus Christ,
maker of all things, judge of all men:
we acknowledge and bewail
our manifold sins and wickedness which we, from time to time
most grievously have committed,
by thought, word and deed,
against thy divine majesty,
provoking most justly
thy wrath and indignation against us.

We do earnestly repent, and are heartily sorry for these our misdoings; the remembrance of them is grievious unto us; have mercy upon us, most merciful Father; for thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please thee in newness of life, to the honour and glory of thy Name; through Jesus Christ our Lord. Amen

THE ABSOLUTION

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him: have mercy upon you; pardon and deliver you from all your sins; confirm and stengthen you in all goodness; and bring you to everlasting life: through Jesus Christ our Lord. Amen

THE COMFORTABLE WORDS

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him:

Come unto me, all that travail and are heavy laden, and I will refresh you

Matthew 11:28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life.

John 3:16

Hear also what St Paul saith:

This is a true saying and worthy of all men to be received, that Christ Jesus came into the world to save sinners. 1 Timothy 1:15

Hear also what St John saith:

If any man sin, we have an advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins 1 John 2:1-2

THE PREFACE

Lift up your hearts.

We lift them up unto the Lord

Let us give thanks unto our Lord God.

It is meet and right so to do.

It is very meet, right and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, (Holy Father) almighty, everlasting God.

A seasonal preface will follow at Christmas, Easter, Ascension, Pentecost and Trinity.

Therefore with angels and archangels, and with all the company of heaven, we laud and magnify thy glorious name, evermore praising thee and singing:

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. Amen

THE PRAYER OF HUMBLE ACCESS.

We do not presume
to come to this thy table, O merciful Lord.
trusting in our own righteousness,
but in thy manifold and great mercies
We are not worthy
so much as to gather up the crumbs under thy table.
But thou art the same Lord,
whose property is always to have mercy: grant us
therefore, gracious Lord,
so to eat the flesh of thy dear Son Jesus Christ,
and to drink his blood,
that our sinful bodies may be made clean by his body,
and our souls washed through his most precious blood,
and that we may evermore dwell in him and he in us. Amen

THE PRAYER OF CONSECRATION

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect and sufficient sacrifice, oblation and satisfaction for the sins of the whole world; and did institute, and in his holy gospel command us to continue, a perpetual memory of that his precious death, until his coming again;

Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood:

who, in the same night that he was betrayed, took bread;

here the priest is to take the paten into his hands

and, when he had given thanks, he brake it,

here the priest shall break the bread

and gave it to his disciples, saying, Take, eat;

here the priest is to lay a hand on all the bread

this is my body which is given for you:

do this in remembrance of me.

Likewise, after supper he took the cup;

here the priest is to take the cup into his hands and, when he had given thanks, he gave it to them, saying Drink ye all of this;

here the priest lays a hand on every vessel with wine to be consecrated for this is my blood of the new testament, which is shed for you and for many for the remission of sins; do this as oft as ye shall drink it, in remembrance of me. **Amen**

The body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life.

Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

The blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life.

Drink this in remembrance that Christ's blood ws shed for thee and be thankful.

THE LORD'S PRAYER

Let us pray

Our Father, which art in heaven, hallowed be thy Name; thy kingdom come thy will be done, in earth as it is in heaven
Give us this day our daily bread, and forgive us our trespasses, as we forgive them that trespass against us.
And lead us not into temptation but deliver us from evil.
For thine is the kingdom, the power and the glory, for ever and ever. Amen

PRAYER AFTER COMMUNION

The priest says either the Prayer of Oblation or the Prayer of Thanksgiving. The Prayer of Oblation

O Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant, that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other benefits of his passion.

And here we offer and present unto thee, O Lord, ourselves, our souls and bodies, to be a reasonable, holy and lively sacrifice unto thee; humbly beseeching thee, that all we, who are partakers of this holy communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy, through our manifold sins, to offer unto thee any sacrifice, yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, through Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father almighty, world without end. **Amen**

The Prayer of Thanksgiving

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious body and blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithfull people; and also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son.

And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen**

THE GLORIA

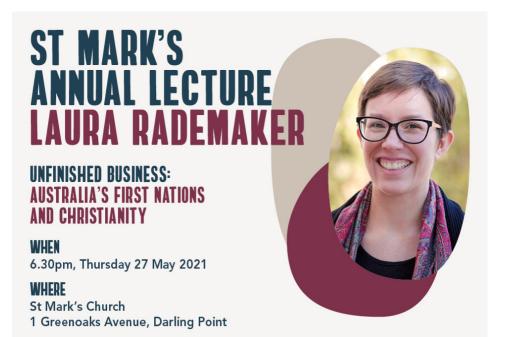
All stand. Choir sings GLORY be to God on high, and in earth peace, good-will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. **Amen**.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son and the Holy Ghost, be amongst you and remain with you always. **Amen**

POSTLUDE: Heut' Triumphieret Gottes Sohn BWV 630, J.S. Bach



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ELVANTO is the online system we use to manage our church rosters and member directory. Access via **stmarksdp.org/members**. Contact the church office to request access.



IN CASE WE NEED TO EVACUATE As you take your place in the pew, please take note of the route to the nearest door: Remember that there is a small step from the pew to the floor. The Emergency Assembly Area is the Memorial Garden.



ELECTRONIC GIVING is an unbeatable way to ensure you actually give what you decide to give.

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